

NDTV's Ravish Kumar wins Magsaysay award

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DELHI: NDTV journalist Ravish Kumar has been honoured with the 2019 Ramon Magsaysay Award. It is the highest honour given to Asian individuals and organizations and has been referred to as the Asian version of a Nobel.

Apart from Ravish Kumar, Myanmar-based journalist Ko Swe Win, Thailand journalist Angkhana Neelapaijit, Philippine journalist Raymundo Pu-jante Cayabyab and South Korean journalist Kim Jong Ki from were bestowed with this award.

"In electing Ravish Kumar to receive the 2019 Ramon Magsaysay Award, the board of trustees recognizes his unflinching commitment to a professional, ethical journalism of the highest standards; his moral courage in standing up for truth, integrity and independence; and his principled belief that it is in giving full and respectful voice to the voiceless, in speaking truth bravely yet soberly to power, that journalism fulfils its no-



Ravish Kumar

blest aims to advance democracy," A part of Kumar's citation stated.

Ravish was described as sober, insightful, and well-informed. He was appreciated for not trying to dictate his guests but rather, give them a moment to express themselves. Ravish is renowned for not shying away for calling out the highest officials to account or criticizing media and stating the current situation country. Following which he has been harassed and threatened by certain groups of people.

The Magsaysay Award winners receive a certificate, a medallion bearing the image of the late Filipino leader Ramon Magsaysay, and a cash prize.

Public awareness talk on 'healthy aging and strong bones'

VAISHALI

MANGALORE: On the occasion of bone and joint week, Canara Orthopedic Society (COS) and KMC hospitals are organising a public awareness programme on the topic 'healthy aging with strong bones' on August 7, Wednesday at Goldfinch, Mangalore.

Dr Surendra Kamath, Head of orthopedics department, KMC hospital Mangalore and president of COS, Dr Ishwara Keerthi, secretary of COS and a consultant in spine and back pain care from KMC hospital and Dr Shrinath Shetty, endocrinologist will educate the public on the subject.

A guidance chart containing diet tips for 'healthy bones' and lifestyle modification on 'healthy backs' will be given to all participants. The aim is to educate the public on healthy aging with strong bones for a healthy lifestyle.

Speaking about the talk show Dr Surendra Kamath said, "Senior citizens, care takers, peo-



The talk will raise awareness on bones and joints

ple with back pain or back related problems can attend this programme. There will also be a free bone mineral density test conducted at the venue."

"The main objective behind having this public awareness talk is to make every citizen realise the need to take care of their aging body in the right way, so that they can lead a comfortable life in future," said Dr Anand Venugopal, regional chief of clinical services at KMC hospital Mangalore.

Though registration is free all participants are expected to register for the programme.

New COE of SAC for innovations in teaching and learning

SHALINI, SHWETHA

CAMPUS : Controller of Examination (COE) of St Aloysius College, (Autonomous), Dr Alwyn D'Sa said that there would be innovations in teaching, learning and evaluation in the College. The focus of evaluation will be mainly comprehensive, inclusive and learning-outcome based, he said.

Speaking to students on Friday, Dr D'Sa added, "The syllabi of different courses and programme will have unit outcomes, course outcomes and programme outcomes. The continuous internal assessment would be made more dynamic and vibrant. Constant Multiple Choice Questions (MCQ) based tests will be introduced after each unit."

He also said that the efforts

to identify learner outcomes of each composition of syllabus and all testing and evaluation would be cleared to assess the content as well as the specific competencies that the learner is expected to at the end of the semester.

"Gradually there will be a plan of incremental decrease in the weightage to marks in the end semester," he added.

Students to perform street theatre

NIMMY

MANGALORE: SAC is organising street theatre performance with a group of students in the coming week.

The street theatre by the students will focus on taking social issues to the public.

"The group of students selected for the street plays will be trained by the experts. They will perform in different places in the city of



St Aloysius College

Mangalore," said Dr Alwyn D'Sa, the controller of examinations who initiated the idea.

"The group will be given a name and they will con-

stantly present the street plays on different social issues," he added.

"The main motive behind forming such a group is to portray different issues as well as to give platform for the students to showcase their talents. Thus by giving such a platform we will help them to have more concern for society," said Dinesh Nayak, from the Kannada department and in-charge of the street theatre.

Male consent no longer needed for Saudi women to travel

DAIJIWORLD

RIYADH: The women of Saudi Arabia now have the right to travel abroad without permission from a male guardian. In the past, the restriction caused women to run away from the country and had brought Saudi Arabia a lot of flak.

A new law stated that women over the age of 21 no longer require permission of a man to obtain passports or leave the country. Crown Prince Mohammed bin Salman, loosened these social restrictions to transform Saudi Arabia.

Over the past few months, the government brought significant developments, it removed the authoritative powers from the kingdom's infamous religious police, relaxed gender segregation and lifted the ban on women driving. Although, it continued to tighten domestic criticism and apprehend most prominent women's rights activists.

The women's rights activists



Women driving in Saudi Arabia

in Saudi have voiced against the guardianship system for a long time, because the law made women completely dependent on the men. One of the women activists who fought for this is Loujain Al-Hathoul. Loujain is behind bars like many other women activists who campaigned against the system, some are reported to have even fled the country.

A lot of Saudi women who were against the restriction shared celebratory messages on twitter, one of them tweeted, "A thousand congratulations to our girls, and no tears are shed for those who opposed this in order to protect their interests and authority".

Hamsa Sonosi, a Saudi female writer and researcher also tweeted, "From my heart, I'm rejoicing for the situation of many I know who suffer subjugation because of this issue."

However, it must be noted that the amendments will not completely thrash away the existing guardianship system but will reduce the restriction to a great extent. Meanwhile, it is not that everyone will accept the new policy; there is a possibility of conservative Saudis disapproving it and the guardianship will continue to remain popular among several men and women who say they view it as a religious mandate that protects women.